Eating during dialysis

For medical and organisational reasons, the choice and consumption of food and beverages are limited.
A small snack or drink can be pleasant and provides some distraction during dialysis.

Possible disadvantages

However, there is a disadvantage. Eating can cause low blood pressure, sometimes resulting in vomiting.
Therefore, an individual assessment is made as to whether food and/or beverages can be offered during dialysis. If someone consumes something during dialysis, the amount is limited to prevent complications.
Drinking and eating during dialysis is always done in consultation with the doctor, but is also limited (one biscuit - one cup of coffee).

Breakfast

At the Rumbeke campus, breakfast is only offered to patients who are diabetic or hospitalised. Breakfast is not available in the outpatient collective autodialysis clinics (CADs) in Menen, Tielt, Torhout and Veurne.

Lunch

You can have sandwiches at lunchtime in the main centre. For the CADs, you should best ask when you are there. Lunch is always eaten in the dining room, never in the dialysis clinic (unless you cannot sit in a chair or wheelchair). For hygiene reasons, no food or beverages may be taken home.

No soft drinks are included in any of our patients' meals unless with a doctor's permission. You can always ask for water with your meals. If you would like a soft drink, you can buy it in the hospital restaurant or in the shop at the entrance hall.
In some cases, supplementary feeding can be provided on medical prescription.

azdelta
Uw ziekenhuis.

This brochure is revised on 13/06/2022 0520 6107-EN