Peritoneal dialysis appointments

Due to the complex organisation and medical factors, we request that you take the following arrangements into account:

1 Availability of a peritoneal dialysis nurse (PD nurse)

ALWAYS call the PD nurse if you have a fever, pain, abdominal pain, shortness of breath, muscle weakness, etc. If necessary, we will take you to the emergency department.
You can reach the PD nurse 24 hours a day on **051 23 74 64.**

For questions that are not urgent or to place orders by telephone, we ask you to do this as far as possible on weekdays between 8 a.m. and 3 p.m. Non-urgent questions or orders can also be sent by email to **pdverpleegkundigen@azdelta.be**.

2 Peritoneal dialysis appointment

- Please place your orders a week before the appointment so we can ensure that we can provide the requested material when you come to the appointment. This can be done by telephone on weekdays between 8 a.m. and 3 p.m. on **051 23 74 64** or by email at **pdverpleegkundigen@azdelta.be.**
- Every time you visit, the PD nurse will give you a sheet noting your next appointment. It is important that you arrive on time at the time indicated.
  The day before the appointment, you will be sent a text message with the time of the appointment. You do not have to keep strictly to the time given in the text message, as this is always different from the time you need to be present for the appointment with the PD nurse. This is because the PD nurse will send you to the lab for blood sampling, provide wound care and arrange any additional tests before the doctor sees you. It is therefore important to be present on time at the time indicated on your appointment sheet.

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- Always bring your folder with dialysis sheets and, if needed, this booklet to the appointment.
- Four times a year, you have to bring a 24-hour urine sample and a sample of the peritoneal dialysis fluid. Do not forget to weigh the container in which the fluid is collected during the night (empty and full).
- You must have a chest X-ray taken every six months. The doctor can then see if it is necessary to increase or decrease the weight. An ECG (a video of the heart function) must be done annually.
- If you are unable to attend the scheduled appointment, please inform us in good time and make a new appointment.
- At every appointment, you can have your parking ticket converted into a free ticket at the centre. That way, you do not have to pay for the parking. Remember to ask for it yourself if the nurse forgets.

3 Travel

You will still be able to travel.
The company will deliver the required materials to your holiday destination in consultation with the PD nurse. It is important that orders are placed in good time, and please take into account that the order may need to be placed earlier, depending on the destination.

- For travel in **Belgium, the Netherlands and Luxembourg**, everything must be arranged at least one month before departure.
- For **other countries within Europe**, at least two months before departure.
- For **islands within Europe**, at least three months before departure.
- **Destinations outside Europe** must always be checked.