How do you notice a further decline in your kidney function?

1. High blood pressure

2. Increased fatigue, difficulty concentrating, muscle weakness, headache

3. Decreased appetite, upset stomach

4. Itch

5. Swollen feet

6. Shortness of breath when lying down or doing things that require an effort

7. Muscle cramps

If you suffer (more) from one or more of the above symptoms, it is best to contact the kidney care nurse or the kidney doctor.

This way, we can take timely action together and find a solution.

azdelta
Uw ziekenhuis.

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